



## Athletes' Code of Conduct

1. Athletes will be a contributing member of their hockey team.
2. Athletes play because they have chosen to be a player this season; no one has made this decision for the Athlete.
3. Athletes will respect their teammates and coaching staff by consistently attending and giving best effort at practices.
4. Athletes will respect their teammates and coaching staff by following the rules and abiding by the decisions of the coach and game officials.
5. Athletes will do their part to enhance the experience for all teammates by attending team functions and building positive relationships with teammates.
6. Athletes will respect opponents by giving them a competitive match and conducting themselves in such a way that they will look forward to playing against the team for the season.
7. Athletes will represent their team well by winning with humility and losing with dignity.
8. Athletes will not tolerate disrespectful behaviour or attitudes on their team, and will hold others on the team accountable for their behaviour.
9. Athletes will treat everyone fairly within the context of their activities, regardless of sex, gender, place of origin, colour, sexual orientation, religion, political belief or economic status.
10. Athletes will not disrespect, harass, intimidate, or in any way decrease the hockey experience for any official, player, spectator, volunteer, or member of the coaching staff.
11. Athletes will abide by the Social Media Policy.

***Athletic competition should demonstrate high standards of ethics and sportsmanship and promote the development of good character and other important life skills. All players must sign this Code of Conduct before being allowed to participate in SPKAC hockey.***



**Additionally, I understand that in order to participate in SPKAC hockey I must abide by the following:**

- As a player, I will be loyal to my community, SPKAC and my team, putting the needs of the team above personal glory. I will fulfill team commitments displaying high ethical and moral character, doing what's right and honest.
- As a player I will respect the human rights of my teammates and opponents both on and off the ice and will not engage in disrespectful conduct which includes but is not limited to use of profanity, obscene gestures, offensive remarks of a sexual or racial nature, trash talking, bullying, disrespectful communication through social media/email (Facebook, Twitter, Instagram, etc.) or anything that demeans individuals or the sport.
- I will not participate in written or cyber bullying. Written & Cyber bullying is defined as harmful actions that are communicated via written or electronic media and are intended to embarrass, harm, or slander another person or party.
- I will not participate in any hazing or initiation rituals while a member of SPKAC.
- As a player and while participating in any team function, I am aware of **SPKAC's Zero Tolerance** for substance use and abuse. I accept that if I am caught using or in the possession of alcohol, drugs, chewing tobacco, tobacco or any athletically banned substance I will be subject to the discipline outlined in the policy.
- As a player, I will not damage or take any other player's property or any item that I do not own.
- As a player, I agree that the use of any transmitting or recording devices (cell phones, cameras, etc.) will not be permitted and/or used inside the dressing rooms or bathrooms/showers during any team event.
- As a player, I will wear a black CSA approved hockey helmet with chin straps properly fastened and neck protector to all games and practices. In addition, I will wear all apparel provided by SPKAC and abide by the SPKAC Dress Code as outlined in the Policy and Procedure manual. This includes game jerseys, pant shells, game socks, practice jerseys and appropriate work out gear.
- As a player, I will accept and adhere to team rules.

**I have read all of the above statements and am signing below to indicate that I understand the SPKAC Player Code of Conduct and agree to follow this Code of Conduct while a member of the Sherwood Park Kings Athletic Club.**

**I also fully understand and accept the consequences of immediate suspension and possible dismissal for the entire season for not following this Code of Conduct.**

Players Name: \_\_\_\_\_

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Witness Name: \_\_\_\_\_

Signature: \_\_\_\_\_

Date: \_\_\_\_\_